



Recipe Inspiration

Here are 20 of my favorite, simple & delicious recipes:

Breakfast

1. [Chia Pancakes with Berry Compote](#) (or [fluffy](#))
2. [Frittata's with caramelized onion + red pepper](#)
3. [Colorful Salad bowl with boiled Egg](#)
4. [Garlic & Tomato Quiche](#)
5. [Berry Good Chia Pudding](#)

Lunch

1. [Veggie Sandwich](#) with [Hummus](#) + [Cauliflower Rice](#)
2. [Roasted Veggie Quinoa Salad](#)
3. [Quinoa & Cheddar Broccoli Bites](#) + [Vegan Tomato Soup](#)
4. [Veggie Wraps with Cashew Cream & Sprouts](#)
5. [Simple Sweet Potato Soup](#) + [Broccoli & Cheddar Sandwich](#)

Dinner

1. [Red Lentil Wraps](#) + [Green Goddess Waldorf Salad](#)
2. [Marinated Chicken Breast](#) + [Cabbage Slaw & Basmati Rice](#)
3. [Roasted Veggie and Black Bean Wraps](#) + [Chickpea Coconut Stew](#)
4. [Vegetarian Spaghetti Bolognese](#) + [Simple Salad](#)
5. [Butternut Squash Soup](#) + [Roasted garlic & lemon Veggie Pasta](#)

Desserts / Snacks

1. [No Bake Energy Balls](#)
2. [Apples & Seedy Nut Butter](#)
3. [Chocolate GF Cookies](#)
4. [Peanut Butter Fat Bombs](#)
5. [Fluffy Banana Muffins](#)

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